CONTINENTAL BREAKFAST 32

selection of breakfast pastries | toast | freshly cut fruit salad cereal | fresh farmhouse yoghurt

FULL ENGLISH BREAKFAST 38

two eggs cooked to your liking | Cumberland sausages sweet-cured back and smoked streaky bacon grilled vine tomato | field mushroom

CEREALS AND DAIRY

Cereals 6 🔍

perscoop, with fresh whole milk
Cornflakes (170kcal) | Rice Krispies (182kcal) | Coco Pops (182kcal)
Weetabix (162kcal) | Special K (180kcal) | Gluten free muesli (183kcal)

Clementine granola (320kcal) 10 ® blueberries | yoghurt | crisp rice

Fresh Farmhouse Yoghurts 6 v plain or fruit flavour

Chia seed parfait(255kcal) 9 ♥ ♥ with red berries

Overnight Oats 10 (364 kcal) © coconut | agave | blueberries | cocoa nibs

Classic Rolled Oat Porridge 10 (V) whole milk (226 kcal) | water (104 cal)

GRIDDLE

all served with maple syrup and fresh berries

American pancakes (638 cal) 19

Plant-based vegan crepes (240 kcal) 19 (9)

Brioche French toast (570 kcal) 19 (V)

A LA CARTE

Crushed Hass avocado, roast vine tomatoes (310 kcal) 18 ® on seeded sourdough toast add: poached free-range eggs (238 kcal) 2 ® | streaky bacon (101 kcal) 4

Traditional Scottish smoked salmon with scrambled eggs, lemon butter sauce (559 kcal) 23 scrambled egg whites (120 kcal) 24
Royale on toasted English muffin with hollandaise sauce (717 kcal) 26

'Creamed' wild mushrooms (223 kcal)18 ® spinach and chives on Marmite sourdough toast

Two free-range eggs served any style 12 \bigvee \otimes your choice of poached (238 kcal), boiled (143 kcal), fried (331 kcal)

Three eggs (373 cal) or Egg white omelette (220 kcal) 19 (20 kcal) vour choice of button mushrooms, cheese, peppers, tomato, onion, ham or fine herbs

 $Eggs\ Benedict\ \hbox{$(701$kcal)$}\ 22$ to a sted muffin | peppered roast ham | poached eggs | hollandaise sauce

$To a sted \ sourdough \ bagel \ with:$

smoked Scottish salmon, chives and cream cheese (397 kcal) 18 streaky bacon, cream cheese, vine tomatoes (549 kcal) 12 Hass avocado, plant-based bacon (510 kcal) 14 [©]

Breakfast sides 5.5

streaky bacon (170 kcal) | roast plum tomatoes (44 kcal) 1 | field mushrooms (64 kcal) 2 halloumi, honey, thyme (414 kcal) 1 | Hass avocado (315 kcal) 2 traditional Scottish smoked salmon (92 kcal) | Cumberland pork sausages (267 kcal) chicken sausage (260 kcal) | plant-based bacon (159 kcal) 2 | plant-based sausages (191 kcal) 2

vegetarian vegan on gluten containing ingredients