

## Happiness

### Part 4 – The Key to Happiness According to Jesus

May 28, 2017

a. I should care about what Jesus says because the entire Bible  
\_\_\_\_\_ on Him.

b. I should care about what Jesus says because he's \_\_\_\_\_.

John 1:18a No one has ever seen God, but the one and only Son, who is himself God ... NIV

c. I should care about what Jesus says because he's the agent of  
\_\_\_\_\_.

Colossians 1:16a For in him [Jesus] all things were created: NIV

John 10:10b My purpose is to give them a rich and satisfying life. NLT

Matthew 5:1-3 Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: Blessed are the poor in spirit, for theirs is the kingdom of heaven. ESV

**1. Jesus \_\_\_\_\_ us to be happy.**

blessed – (makarios) favored by God, fortunate. Many translations use “happy.”

**2. \_\_\_\_\_ to be happy.**

Matt 5:3 Blessed are the poor in spirit, for theirs is the kingdom of heaven.

You are happy, blessed, and favored by God when you are poor in spirit. Jesus is talking about an attitude of our spirit, an attitude of heart.

**3. What does it \_\_\_\_\_ to be poor in spirit?**

Matt 5:3a Happy are those who know they are spiritually poor; TEV

Matt 5:3a Those people who know they have great spiritual needs are happy, NCV

Matt 5:3a God blesses those people who depend only on him. CEV

Matt 5:3a God blesses those who are poor and realize their need for him, NLT

Matt 5:3 How blessed are those who are destitute in spirit, ISV

Matt 5:3a Blessed are those who recognize they are spiritually helpless. GW

“To be poor in spirit is...to acknowledge spiritual bankruptcy.” (Expositors Bible Commentary)

“To be poor in spirit is...to confess one’s own unworthiness before God and utter dependence on him.” (EBC)

To be “poor in spirit” is to be totally \_\_\_\_\_ on Jesus.

#### 4. The \_\_\_\_\_ to happiness.

- To be poor in spirit means: you recognize that your greatest need in life is to know Jesus in increasingly greater levels of intimacy. (Phil 3:8; 4:13)
- The ultimate fact to acknowledge is: I need Jesus in every part of my life. (Matt 6:33)

The key to living a blessed and happy life is realizing that we need Jesus \_\_\_\_\_ anything else and \_\_\_\_\_ than anything else. (Matt 5:3a CEV)

#### 5. What is the \_\_\_\_\_ of being totally dependent on Jesus?

Matt 5:3 Blessed are the poor in spirit, for theirs is the kingdom of heaven. ESV

When you are \_\_\_\_\_ in your spirit, you are \_\_\_\_\_ in the Holy Spirit and His kingdom.

- Happy are you when you realize your greatest need is Jesus at the center of your life.

Assign: Pray this prayer...

“Lord Jesus, *before* anything else and *more* than anything else, *I need you in this situation.*”

(Free CD available at the Info Center)