

Happiness
Part 2 – How to Be Happy No Matter What
May 7, 2017

Four Barriers to Happiness

- a. _____
- b. _____
- c. _____
- d. _____

Philippians 1:12-19

And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. For everyone here, including the whole palace guard, knows that I am in chains because of Christ. And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear. It's true that some are preaching out of jealousy and rivalry. But others preach about Christ with pure motives. They preach because they love me, for they know I have been appointed to defend the Good News. Those others do not have pure motives as they preach about Christ. They preach with selfish ambition, not sincerely, intending to make my chains more painful to me. But that doesn't matter. Whether their motives are false or genuine, the message about Christ is being preached either way, so I rejoice. And I will continue to rejoice. For I know that as you pray for me and the Spirit of Jesus Christ helps me, this will lead to my deliverance.
NLT

1. I can be happy no matter what happens if I look at every problem from God's _____.

Philippians 1:12 And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. NLT

Philippians 1:13

For everyone here, including the whole palace guard, knows that I am in chains because of Christ. NLT

Philippians 1:14

And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear.
NLT

2. I can be happy no matter what happens if I don't let others _____ my attitude.

Philippians 1:15a

It's true that some are preaching out of jealousy and rivalry. NLT

rivalry (*eris*) those who love to argue, bring strife and quarrel.

I don't need _____ people's approval to be happy.

Philippians 1:16

They preach because they love me, for they know I have been appointed to defend the Good News. NLT

Philippians 1:17

Those others do not have pure motives as they preach about Christ. They preach with selfish ambition, not sincerely, intending to make my chains more painful to me. NLT

3. I can be happy no matter what happens if I always _____ to work things out.

Philippians 1:18

But that doesn't matter. Whether their motives are false or genuine, the message about Christ is being preached either way, so I rejoice. And I will continue to rejoice. NLT

Philippians 1:19

For I know that as you pray for me and the Spirit of Jesus Christ helps me, this will lead to my deliverance. NLT

- It's your choice to rejoice.

Q - What is keeping you from your happiness?

I can be happy no matter what happens in my life...

- If I choose to look at every problem from God's viewpoint.
- If I choose to not let other people control my attitude.
- If I choose to always trust God to work things out.

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