

HAPPINESS

Part 1 - How Happiness Works

April 30, 2017

Deuteronomy 33:29a Happy are you, O Israel! Who is like you, a people saved by the LORD...ESV (Psalm 9:2)

Roadblocks to Happiness

Roadblock #1 - Raising up an _____ in my life.

“The Christian life is supernatural but not enchanted. God doesn’t magically make us happy despite the fact that we make work, sports, leisure, or sex into our idols.” (Randy Alcorn)

Exodus 20:3-4a You may worship no other god than me. You shall not make yourselves any idols: TLB

Roadblock #2 – _____ God.

Deuteronomy 11:27-28 You will be blessed if you obey the commands of the LORD your God that I am giving you today. But you will be cursed if you reject the commands of the LORD your God and turn away from him and worship gods you have not known before. NLT

Roadblock #3 – Choosing _____ over belief.

Hebrews 11:6 And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him. NIV

Four Truths About Happiness

1. You don’t find happiness; you _____ it.

Deuteronomy 30:19 This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live NIV

Deuteronomy 30:19-20a This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live and that you may love the LORD your God, listen to his voice, and hold fast to him. For the LORD is your life... NIV

2. Happiness is not a goal it's a _____.

Psalm 106:3

How happy are those who uphold justice, who practice righteousness at all times. HCSB

Matthew 16:25

If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. NLT

“Happiness comes naturally in the same sense that fruit comes naturally from a tree, If the tree gets sufficient sunshine and water, if the ground is rich in nutrients, if the tree doesn't contract diseases, then yes, it 'naturally' produces fruit. We must plant ourselves in the rich soil of God's Word, soak in the living water of God and his people, and bask in the radiant sunlight of his grace. And then happiness will come naturally.” (Randy Alcorn)

3. Happiness based on “happenings” is _____.

4. My _____ create my happiness.

- We shape our habits and then they shape us.

2 Peter 2:19

They promise them freedom while they themselves are slaves of destructive habits—for we are slaves of anything that has conquered us. TEV

Romans 6:16

Don't you realize that you become the slave of whatever you choose to obey? You can be a slave to sin, which leads to death, or you can choose to obey God, which leads to righteous living. NLT

How to Guarantee Happiness in Your Life

1. _____ God.
2. _____ in Jesus always.
3. _____ after God.